SVHS Dons Daily Bulletin

Friday, February 24, 2023

Announcements

Attention Students: If you are experiencing technical issues with your school issued Chromebook, please come by the Library during LUNCH ONLY for technical support.



National Eating Disorders Awareness Week is next week, February 27th - March 5th. Eating disorders are associated with disruptions in people's eating behaviors and related thoughts and emotions. Preoccupations with food, body, weight and shape may be signs of an eating disorder. Common eating disorders include anorexia nervosa, bulimia nervosa and binge-eating disorder. By intervening early when patterns of disordered eating or symptoms of an eating disorder first appear, we can get individuals into needed care quickly and increase the chances of recovery. If you're worried about a friend having symptoms of an eating disorder, don't wait. Act early! Reach out and talk to them and help them get into treatment as soon as possible. For more information or to request to talk to a therapist, stop by the Dons Wellness Center.

Attention Students: Do you have limited funds for good clothing or personal care items? Well, the Dons Closet is here for you. In order to help with the cold weather, we have a collection of coats and sweaters if you are in need. We are also collecting gently used items if you would like to donate to the club. Please stop by Room 510 if you are in need of some warm jackets or would like to donate.

<u>Sports</u>

Boys Varsity Tennis vs Valley Christian

(a) Valley Christian - 3:30



Boys JV & Varsity Volleyball vs Monrovia @ Monrovia - 3:30



Yearbook

Seniors...the time has come to vote for this year's SENIOR BESTS!!! We have many exciting categories for you to vote on this year. Voting is OPEN NOW and will stay open until TODAY at 3:45pm exclusively on Five Star. Only seniors will be able to vote. All winners will be posted next week. Good luck!

Seniors

Good morning Seniors! Have you completed your FAFSA or CADA application? All Seniors who have or will complete their financial aid application before or by March 2nd will be receiving the following: 1 extra graduation ceremony ticket, Seniors Only Treat Truck Day and will be entered into a raffle for prom tickets and much more!!! If you need to complete the application, do so NOW! If you need help please stop by the Counseling Office.

Seniors: Are you planning on enrolling at Mt. SAC or Rio Hondo College this Summer or Fall 2023 and haven't completed the Admission Application? Then don't be left out, act now and fast! Please go to the S.V.H.S. Schoolwide 12th Grade Google Classroom to sign-up on the Google Form for the upcoming workshops. If you have any questions, please see Mrs. Sandra Anaya or Ms. Diana Lopez in the Counseling Office or send an email to Mrs. Sandra Anaya. Our Rio Hondo College and Mt. SAC reps are eager to help you complete all steps for full enrollment to either college. Don't delay!

Do you play an instrument or sing a song? Try out for the Mark Daniel Flores Music Foundation Scholarship. Scholarship deadline is March 25th.

Faculty Section

Group A has duty this week

Please Release The Following

Boys Varsity Tennis

@ 1:15

Boys JV & Varsity Volleyball

@ 1:15

